

**PATIENT INFORMATION FOR
UPPER GI, BARIUM SWALLOW or
SMALL BOWEL FOLLOW-THROUGH
EXAMINATIONS**

EXAM DATE:

EXAM TIME:

Your doctor has ordered an examination of your upper gastrointestinal tract. You will be asked to stand and lie down on our table and drink barium sulfate when the Radiologist tells you to do so. This will show up the organs needed to be examined for any abnormalities.

You are asked to eat a clear liquid dinner the night before the examination. Clear liquids include Jell-O, broth, soft drinks, clear juices, coffee, tea, flavored popsicles (no fudgcicles) etc. NO MILK. **Do not** eat anything after midnight that night. **Do not** have breakfast or even anything to drink that morning or the exam will be rescheduled. The residue of food or liquids can cause poor examination results.

DO NOT make any other appointments for this day. If you are having a Small Bowel Follow Through or if the Radiologist determines that there is a need for a Small Bowel Follow Through during your examination it may take hours to complete.

If you have any questions or need to reschedule your appointment please contact the Radiology Department at (256) 955-8888 extension # 1800 or 1-800-223-9531 extension # 1800.